

Bay State Community Services, Inc.

Bay State Community Services (BSCS) is a Certified Women Owned, community-based, human services agency. Over the past 50+ years, BSCS has become a leader in providing services that promote the emotional and social well-being of the individuals and families we serve.

BSCS' mission is to strengthen communities through resources, support, education, and connections. We offer a wide variety of programs and resources, including child & family services, substance use recovery supports, behavioral health supports, legal involvement resources, youth residential services, peer recovery supports, and prevention & harm reduction initiatives.

Special attention has been given to reach out to vulnerable and high-risk populations.

Most programs offer assistance based on need, regardless of an individual's ability to pay.

BSCS is funded by the Department of Children and Families (DCF), the Department of Mental Health (DMH), the Department of Public Health (DPH), the Office of Community Corrections (OCC), Norfolk District Attorney's Office, Department of Youth Services (DYS), and Department of Transitional Assistance (DTA), and Center for Disease Control (CDC). Additional support is provided by MassHealth, Medicaid, Medicare, private insurances, and private donations.

BSCS offers numerous programs in multiple locations. For more information, please refer to our website and social media:



www.baystatecs.org



Bay State Community Services



Baystatecommunityservices



Family-based Intensive Treatment (FIT)

A program of Bay State Community Services



Bay State
Community Services

Beside you...every step of the way

400 Washington Street
Braintree, MA 02184

430-3 Court Street
Plymouth, MA 02360

TEL 508-830-3444 ext. 321

www.baystatecs.org

TTY/TDD users dial 711 for
MassRelay Service (24/7)

**BSCS is a private not-for-profit
human services agency.**

FIT **Family-based Intensive** **Treatment**

The Bay State Community Services' Family-based Intensive Treatment Team provides in-home, family-centered, and strength-based support through multiple weekly visits and 24/7 crisis response to help families achieve their goals and navigate challenges through the FIT Team.

When a family needs intensive services, (children ages 0-21 who have been recently discharged from Behavioral health care or is at risk of imminent Behavioral health hospitalization) our family-centered and strength-based team will come to their home to meet their family's needs and goals.

The FIT service consists of a dedicated team including a clinician, family partner, and paraprofessional who is fully dedicated to the family. By design, the team has the ability to meet with the family multiple times a week and provide 24/7 on-call support.

We understand that times of crisis can be opportunities for learning and growth. Our team is prepared to provide practical and best practice clinical intervention that will move families toward health and wellness.

The FIT Services Includes

- Multiple contacts with the family (4-5 times a week)
- A strength-based, comprehensive assessment to ensure safety and stability in the home.
- Develop a treatment plan with the family that focuses on the family's and child's strengths, needs, and goals.
- Assistance in navigating the child service systems.
- Identifying and connecting the family with formal and informal community resources.
- Our team will come to the family's home, or other preferred space, and meet with the family multiple times a week to get to know the family's needs.
- The team with the youth and family will develop a transition plan as a step down for continued support within 4-6 months
- With permission, we will connect with the school, and other providers, to fully understand what is right for the family.
- We are available 24/7 to support the family during emergency situations.

Questions? Call
508-830-3444 x321

FIT Service Areas

Braintree Office:

Braintree	Norwell
Cohasset	Quincy
Hingham	Randolph
Hull	Scituate
Milton	Weymouth

Plymouth Office:

Acushnet	Marion
Carver	Marshfield
Dartmouth	Mattapoisett
Duxbury	New Bedford
Fairhaven	Pembroke
Halifax	Plymouth
Hanover	Plympton
Hanson	Rochester
Kingston	Wareham

Funding Source

The FIT program is funded by MassHealth and some commercial insurances.

**To make a referral scan
QR code below**

