

## Fall 2024 Master Level Internship Opportunities

No Fall 2024 Master Level Internships are available at this time; All Fall 2024 internship positions have been filled.

## Spring 2025 Master Level Internship Opportunities

(Internships starting in January 2025; See Description Below)

Available Internships:

- Community Behavioral Health Outpatient Clinician Intern
- MID/SOA Intern
- Training & Education Intern
- Trauma Project Intern

## 2025-2026 Master Level Internship Opportunities (Internships September 2025- April/May 2026)

Coming Soon!

Internship opportunities for the 2025-2026 academic year (beginning on or after May 2025 through May 2026) will be posted on early January 10, 2025. We will begin accepting applications at that time.

## Internship Descriptions

### COMMUNITY BEHAVIORAL HEALTH OUTPATIENT CLINIC CLINICIAN INTERN

Quincy, MA

Internship Type: Clinical/ Direct Practice -- UNPAID

Intern positions: 1

Student Type: 2<sup>nd</sup> yr MSW

The Community Behavioral Health Outpatient Clinic offers a range of individual and group-based services to address mental health and substance use needs. In addition to individual psychotherapy for children, adolescents, and adults, the clinic offers a Structured Outpatient Addictions Program (SOAP) for adults. As a community-based safety net agency, many of our clients present with co-occurring psychological, psychosocial, and systems-involved needs.

**Internship Overview:** Intern's primary responsibilities include: managing a small individual psychotherapy caseload (intake, assessment, treatment planning, ongoing therapeutic treatment, and discharge), developing and co-facilitating weekly group therapy sessions, and completing all requirement documentation.

<b>Internship Learning Opportunities:</b> Engagement, assessment, intervention, and evaluation of practice with individuals and groups; Cognitive, Behavioral, Psychodynamic, Constructionist, and Systems theoretical orientations; CBT, DBT skills, TF-CBT, Solutions-focused, MI, Crisis Intervention, Trauma-informed practice, and other evidence-based/ research-informed interventions.
<b>Internship Requirements:</b> Strong interest and desire to work with people experiencing mental health, substance use, and trauma. Previous human services experience (internship, employment, or volunteer). Completed coursework on DSM, diagnostic assessment, and clinical interventions (i.e. CBT, Solution-focused, etc.).
<b>Internship Hours:</b> Students must commit to 20- 24 hours per week for at least two consecutive semesters; specific days and times (generally M-F 9-5 with occasional evenings until 7pm) will be agreed prior to finalizing internship agreement. Schedule must include Tuesdays.
<b>Supervision:</b> Weekly individual supervision with a LICSW; weekly internship seminar with a LCSW; weekly team meeting/ case presentations.

### MID/SOA INTERN

Quincy, MA

Internship Type: Direct Practice -- UNPAID

Intern positions: 1

Student Type: MSW (1<sup>st</sup> or 2<sup>nd</sup> year)

#### Massachusetts Impaired Driver-First Offender Program (MID)

Individuals who have been found to be impaired while driving are required to participate in the MA Impaired Driving (MID) program, formerly referred to as Driver Alcohol Education (DAE) program, to have their driving license reinstated. Individuals who have been charged with a first offense of impaired driving will participate in a 40-hour structured program that includes an intake interview, sixteen weekly psychoeducational groups, two self-help meetings, a victim impact forum and an exit interview. If additional supports are needed, referrals will be offered to participants.

#### Second Offender Aftercare Program (SOA)

Individuals who have multiple impaired driving offenses are required to complete the Second Offender Aftercare (SOA) Program. Participants in the SOA program will complete a clinical intake assessment and will be referred to group and/or individual sessions. The frequency and duration of treatment is individualized based on need, but on average, consists of weekly sessions for at least five months, and then transitions to monthly sessions. Ongoing treatment planning and assessment of treatment goals will occur on a quarterly basis.

<b>Internship Overview:</b> Interns' primary responsibilities include diagnostic assessments with a determination of level of care; treatment plan development; documentation of services; resource identification and referrals; communication with collateral contacts; curriculum development
<b>Internship Learning Opportunities:</b> Assessment of client history and determining level of care; interventions utilizing various treatment modalities; Curriculum development and implementation of curriculum; mandated population experience
<b>Internship Requirements:</b> Bachelor's degree in social work, psychology, or human services degree; computer proficiency; strong organizational and time management skills.

**Internship Hours:** Intern is anticipated to work approximately 16 hours/week on site with some evening hours to meet client needs; placement hours must include attendance at the weekly intern seminar held on Tuesdays.

**Supervision:** LICSW/ LCSW supervision provided.

## TRAINING AND EDUCATION INTERN

Quincy, MA

Internship Type: Direct and Macro -- UNPAID

Intern positions: 1

Student Type: MSW (1<sup>st</sup> or 2<sup>nd</sup> yr)

Bay State Community Services (BSCS) is a leader in providing behavioral health services that promote the emotional and social well-being of the people and communities we service. BSCS is a private, non-profit safety net organization managing more than 80 programs in 17 locations with a workforce of more than 400 employees. The Training and Education Intern provides support to the Director of Clinical Training in the development and implementation of professional capacity building for the agency's direct practice and clinical workforce as well as the agency's Internship training program. Additionally, the intern will support the Director in the coordination and facilitation of the Good Decisions program.

**Internship Overview:** Interns' primary responsibilities include: provide support with the research, development, implementation and evaluation of agency-wide and program-specific professional development trainings; research and curate clinical and direct practice resources; liaise with external trainers; assist with the assessment and identification of training needs; develop and maintain training calendar; co-facilitate "Good Decisions" group for justice-involved youth.

**Internship Learning Opportunities:** Engagement, assessment, intervention, and evaluation with programs and organizations; Direct practice/ Clinical curriculum development, implementation, and evaluation; Research of evidence-based and research-informed interventions and best practices; direct practice engagement, assessment and intervention in group setting.

**Internship Requirements:** Strong organizational skills, attention to detail, and time management; Comfort with public speaking; Bachelor's degree in social work, psychology or human services degree preferred; Vehicle preferred so intern can travel between program sites to support training activities.

**Internship Hours:** Placement hours must include Tuesdays noon-7pm to attend the weekly intern professional development and training seminars and to co-facilitate the Good Decisions Group.

**Supervision:** LCSW supervision provided. Weekly participation in agency's Internship Professional Development & Training seminars.

## THE TRAUMA PROGRAM

Quincy, MA

Internship Type: Clinical -- UNPAID

Intern positions: 1

Student Type: 2<sup>nd</sup> year LMHC or MSW

The Trauma Team is a clinical program designed to help children, adolescents, and their parents overcome the impact of traumatic events. The focus of the treatment is to 1) assist the child or

adolescent to develop coping strategies for traumatic reactions; and 2) reduce symptoms of depression, anxiety, or acting out behavior which are common in children exposed to trauma. The Trauma Team uses the evidenced-based intervention, TF-CBT as well as a range of therapeutic skills and strategies to provide structured, consistent, and strengths-based supports. The primary clients of this program are children ages 3-18 years who are experiencing symptoms of trauma exposure.

<p><b>Internship Overview:</b> Interns' primary responsibilities include the completion of comprehensive assessment including CATS-C, CAT-Y, GAD-7, PHQ, and other psychometric tools; completion of a youth- and family-centered treatment plan; ongoing safety planning; intensive individual therapy that often includes working with the entire family (or a subset).  <i>Focus of treatment is to: implement focused, structured, strategic, evidenced-based interventions to enhance:</i></p> <ul style="list-style-type: none"> <li>• Problem solving, limit-setting.</li> <li>• Risk management/safety planning.</li> <li>• Communication, skill-building to strengthen the youth.</li> <li>• Advance therapeutic goals to improve ineffective patterns of interaction.</li> <li>• Collateral communication and collaboration.</li> <li>• Identification and development of formal and natural resources.</li> <li>• Skills training to youth, families and adjacent providers.</li> </ul>
<p><b>Internship Learning Opportunities:</b> Interns will be able to engage in: Engagement/Rapport Building, Assessment, Intervention, Evaluation of Practice with individuals. TF-CBT, motivational interviewing, trauma informed practice, crisis intervention, collateral collaboration; systems navigation.</p>
<p><b>Internship Requirements:</b> Strong interest and desire to work with individuals who are experiencing symptoms of trauma; successful completion of the TF-CBT provider training; previous experience with children strongly preferred; case management experience helpful</p>
<p><b>Internship Hours:</b> Student must commit to 20-24 hours spread over three days each week for a minimum of two consecutive semesters; internship hours must include afternoon and evenings in order to meet with youth</p>
<p><b>Supervision:</b> Direct and weekly individual supervision with LMHC; weekly internship seminar with LCSW.</p>