

2024-2025 Master Level Internship Opportunities

Behavioral Health Community Partners (BHCP) Program

Quincy, MA

Internship Type: Direct Practice -- UNPAID

Intern positions: 1

Student Type: 1st year MSW

The Behavioral Health Community Partners (BHCP) program provides care coordination for adults ages 19 years and older actively enrolled in MassHealth who experience severe and persistent mental illness and/or addiction history. BHCP Care Coordinators partner with clients to support the management of complex medical, behavioral, and psychosocial needs to enhance the client's quality of life.

Internship Overview: Interns' primary responsibilities include: Managing a small individual caseload (intake, assessment, individualized care plan development, safety planning, referrals, follow-ups), completing required documentation.

Internship Learning Opportunities: Engagement, Assessment, Intervention, Evaluation of Practice with individuals. Solution focused framework, motivational interviewing framework, trauma informed practice, crisis intervention, community asset mapping, collateral collaboration, and exposer navigating the health care system.

Internship Requirements: Strong interest, and desire to work with individuals who are experiencing severe and persistent mental health, substance use, and trauma. Access to a reliable vehicle and ability to travel between client appointments.

Internship Hours: Daytime availability (M-F 8-4). Students must include Monday's 10AM -11AM for team staff meeting. Intern hours and schedules may be agreed prior to finalizing internship agreement.

Supervision: Weekly individual supervision with a LCSW; weekly supervision with site supervisor; weekly internship seminar with a LCSW; weekly team meeting.

Behavioral Health for Justice Involved (BHJI) Program

Plymouth, MA

Internship Type: Direct Practice -- UNPAID

Intern positions: 1

Student Type: Bachelor or 1st year MSW

The Behavioral Health for Justice Involved (BHJI) program is a wraparound direct care service that supports individuals who are justice involved. BHJI Navigators work with individuals while incarcerated and in the community to navigate identifying and accessing resources related to substance use, mental health, physical health. Navigators can also work to connect individuals to state aid, employment opportunities, job training and education supports, and housing resources.

Internship Overview: Interns' primary responsibilities include: Managing a small individual caseload (intake, assessment, treatment plan, safety plan, referrals, follow-ups), completing required documentation.

Internship Learning Opportunities: Engagement, Assessment, Intervention, Evaluation of Practice with individuals. Solution focused framework, motivational interviewing framework, trauma informed practice, crisis intervention.

Internship Requirements: Strong interest, and desire to work with individuals who are justice involved who are experiencing mental health, substance use, and trauma. Access to a reliable vehicle and ability to travel between facilities, client appointments, possibility of transporting clients. Ability to pass Sheriff's Office and Department of Corrections background check. Student must be comfortable practicing in a correctional facility.

Internship Hours: Mostly daytime availability (M-F 9-5). Students must include Tuesdays 9AM -11AM for team staff meeting. Intern hours and schedules may be agreed prior to finalizing internship agreement.

Supervision: Weekly individual supervision with a SW; weekly internship seminar; weekly team meeting/training

CREW (Create, Respect, Empower, Wellness) PROGRAM

Quincy, MA

Internship Type: Clinical/ Direct Practice -- UNPAID

Intern positions: 1

Student Type: Bachelor or 1st year MSW

The CREW program offers a structured, strength-based, recovery focused year-round therapeutic after-school day program designed to meet the emotional and behavioral health needs of children and adolescents ages 6-18 who are involved with the Department of Mental Health.

Internship Overview: Interns' primary responsibilities include: provide individual and group support to participants focusing on the areas of social skills, family dynamics, peer relationships, and progress towards DMH determined treatment goals.

Internship Learning Opportunities: Engagement, assessment, intervention, and evaluation of practice with individuals; Lifespan Development Theories; Group and family therapy modalities; Cognitive Behavioral, Dialectical Behavioral Treatment skills, and other evidence-based/ research-informed interventions.

Internship Requirements: Strong interest in, and desire to work with children and adolescents experiencing mental health needs. Previous experience with children and/or adolescents (internship, employment, or volunteer) preferred. Access to a reliable vehicle and ability to travel between facilities, client appointments, possibility of transporting clients.

Internship Hours: The internship is available M-F noon-5pm.

Supervision: Weekly supervision with Program Director (MSW supervision, if needed). Weekly Internship Professional Development & Training seminar.

COASTAL IN-HOME SERVICES

Various Locations

Internship Type: Clinical/ Direct Practice -- PAID

Intern positions: 1

Student Type: 2nd yr clinical masters (LMHC-track/ LMFT-track preferred; MSW considered)

Home-based services provide intensive family clinical support in the home and community. In-Home Therapy Services (IHT) is a structured, consistent, strengths-based therapeutic intervention that includes improving the family's ability to provide effective support for the youth to promote their healthy functioning within the family. Interventions are designed to enhance and improve the family's capacity

to improve the youth's functioning in the home and community and may prevent the need for the youth's admission to an inpatient hospital, psychiatric residential treatment facility, or other treatment setting.

**Services are provided in the following towns: Abington, Avon, Braintree, Bridgewater, Brockton, Canton, Cohasset, East Bridgewater, Easton, Hingham, Holbrook, Hull, Milton, Norwell, Quincy, Randolph, Stoughton, West Bridgewater, Weymouth, and Whitman.*

<p>Internship Overview: Interns will work on a team and complete diagnostic assessment, treatment plans, and develop clinical intervention in the families' homes.</p>
<p>Internship Learning Opportunities: Engagement, assessment, intervention, and evaluation of practice with individuals and groups; Cognitive, Behavioral, Psychodynamic, Constructionist, and Systems theoretical orientations; CBT, DBT skills, TF-CBT, Solutions-focused, MI, Crisis Intervention, Trauma-informed practice, and other evidence-based/ research-informed interventions.</p>
<p>Internship Requirements: Previous experience with children and case management preferred. The student must have a reliable vehicle and a valid driver's license.</p>
<p>Internship Hours: Students must commit to 20-24 hours per week/ 3 days per week for at least two consecutive semesters. Internship schedule must include afternoon and evening hours to meet the needs of clients.</p>
<p>Supervision: Weekly individual supervision with LMHC; weekly internship seminar; weekly team meeting/ training.</p>

COMMUNITY BEHAVIORAL HEALTH OUTPATIENT CLINIC

CLINICIAN INTERN

Quincy, MA

Internship Type: Clinical/ Direct Practice -- UNPAID

Intern positions: 1

Student Type: 2nd yr LMHC

The Community Behavioral Health Outpatient Clinic offers a range of individual and group-based services to address mental health and substance use needs. In addition to individual psychotherapy for children, adolescents, and adults, the clinic offers a Structured Outpatient Addictions Program (SOAP) for adults. As a community-based safety net agency, many of our clients present with co-occurring psychological, psychosocial, and systems-involved needs.

Internship Overview: Intern's primary responsibilities include: managing an individual psychotherapy caseload of 3-5 clients (intake, assessment, treatment planning, ongoing therapeutic treatment, and discharge), developing and facilitating weekly group therapy sessions in the SOAP program, and completing all requirement documentation.

Internship Learning Opportunities: Engagement, assessment, intervention, and evaluation of practice with individuals and groups; Cognitive, Behavioral, Psychodynamic, Constructionist, and Systems theoretical orientations; CBT, DBT skills, TF-CBT, Solutions-focused, MI, Crisis Intervention, Trauma-informed practice, and other evidence-based/ research-informed interventions.

Internship Requirements: Strong interest and desire to work with people experiencing mental health, substance use, and trauma. Previous human services experience (internship, employment, or volunteer). Completed coursework on DSM, diagnostic assessment, and clinical interventions (i.e. CBT, Solution-focused, etc.).

Internship Hours: Students must commit to 24 hours per week for at least two consecutive semesters; specific days and times (generally M-F 9-5 with occasional evenings until 7pm) will be agreed prior to finalizing internship agreement. Schedule must include Tuesdays .

Supervision: Weekly individual supervision with a LICSW; weekly internship seminar with a LCSW; weekly team meeting/ training.

PLYMOUTH IN-HOME SERVICES

Various Locations

Internship Type: Clinical/ Direct Practice -- PAID

Intern positions: 1

Student Type: 2nd yr clinical masters (LMCH-track or LMFT-track)

Home-based services provide intensive family clinical support in the home and community. In-Home Therapy Services (IHT) is a structured, consistent, strengths-based therapeutic intervention that includes improving the family's ability to provide effective support for the youth to promote their healthy functioning within the family. Interventions are designed to enhance and improve the family's capacity to improve the youth's functioning in the home and community and may prevent the need for the youth's admission to an inpatient hospital, psychiatric residential treatment facility, or other treatment setting.

**Services are provided in the following towns: Abington, Carver, Duxbury, Halifax, Hanover, Hanson, Kingston, Lakeville, Marios, Marshfield, Mattapoisett, Middleborough, Pembroke, Plymouth, Plympton, Rochester, Rockland, Wareham, and Whitman.*

Internship Overview: Interns will work on a team and complete diagnostic assessment, treatment plans, and develop clinical intervention in the families' homes.

Internship Learning Opportunities: Engagement, assessment, intervention, and evaluation of practice with individuals and groups; Cognitive, Behavioral, Psychodynamic, Constructionist, and Systems theoretical orientations; CBT, Solutions-focused, MI, Crisis Intervention, Trauma-informed practice, and other evidence-based/ research-informed interventions.

Internship Requirements: Previous experience with children and case management preferred. The student must have a reliable vehicle and a valid driver's license.

Internship Hours: Students must commit to 20-24 hours per week for at least two consecutive semesters. Internship schedule must include afternoon and evening hours to meet the needs of clients. Interns must attend the weekly staff meetings on Thursdays at 11am.

Supervision: Weekly individual supervision with LMHC or LMFT; weekly internship seminar; weekly team meeting/ training.

TRAINING AND EDUCATION INTERN

Quincy, MA

Internship Type: Macro -- UNPAID

Intern positions: 1

Student Type: MSW (1st or 2nd yr)

Bay State Community Services (BSCS) is a leader in providing behavioral health services that promote the emotional and social well-being of the people and communities we service. BSCS is a private, non-profit safety net organization managing more than 80 programs in 17 locations with a workforce of more than 350 employees. The Training and Education Intern provides support to the Director of Clinical Training in the development and implementation of professional capacity building for the agency's direct practice and clinical workforce as well as the agency's Internship training program.

Internship Overview: Interns' primary responsibilities include: provide support with the research, development, implementation and evaluation of agency-wide and program-specific professional development trainings; research and curate clinical and direct practice resources; liaise with external trainers; assist with the assessment and identification of training needs; develop and maintain training calendar.

Internship Learning Opportunities: Engagement, assessment, intervention, and evaluation with programs and organizations; Direct practice/ Clinical curriculum development, implementation, and evaluation; Research of evidence-based and research-informed interventions and best practices.

Internship Requirements: Strong organizational skills, attention to detail, and time management; Comfort with public speaking; Bachelor's degree in social work, psychology or human services degree; Vehicle preferred so intern can travel between program sites to support training activities.

Internship Hours: Typically 9am-5pm; placement hours must include attendance at the weekly intern professional development and training seminar

Supervision: LCSW supervision provided. Weekly participation in agency's Internship Professional Development & Training seminars.

THE TRAUMA PROGRAM

Quincy, MA

Internship Type: Clinical -- UNPAID

Intern positions: 1

Student Type: 2nd year LMHC or MSW

The Trauma Team is a clinical program designed to help children, adolescents, and their parents overcome the impact of traumatic events. The focus of the treatment is to 1) assist the child or adolescent to develop coping strategies for traumatic reactions; and 2) reduce symptoms of depression, anxiety, or acting out behavior which are common in children exposed to trauma. The Trauma Team uses the evidenced-based intervention, TF-CBT as well as a range of therapeutic skills and strategies to provide structured, consistent, and strengths-based supports. The primary clients of this program are children ages 3-18 years who are experiencing symptoms of trauma exposure.

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Internship Overview: Interns' primary responsibilities include the completion of comprehensive assessment including CATS-C, CAT-Y, GAD-7, PHQ, and other psychometric tools; completion of a youth- and family-centered treatment plan; ongoing safety planning; intensive individual therapy that often includes working with the entire family (or a subset).

Focus of treatment is to: implement focused, structured, strategic, evidenced-based interventions to enhance:

- Problem solving, limit-setting.
- Risk management/safety planning.
- Communication, skill-building to strengthen the youth.
- Advance therapeutic goals to improve ineffective patterns of interaction.
- Collateral communication and collaboration.
- Identification and development of formal and natural resources.
- Skills training to youth, families and adjacent providers.

Internship Learning Opportunities: Interns will be able to engage in: Engagement/Rapport Building, Assessment, Intervention, Evaluation of Practice with individuals. TF-CBT, motivational interviewing, trauma informed practice, crisis intervention, collateral collaboration; systems navigation.

Internship Requirements: Strong interest and desire to work with individuals who are experiencing symptoms of trauma; successful completion of the TF-CBT provider training; previous experience with children strongly preferred; case management experience helpful

Internship Hours: Student must commit to 20-24 hours spread over three days each week for a minimum of two consecutive semesters; internship hours must include afternoon and evenings in order to meet with youth

Supervision: Direct and weekly individual supervision with LMHC; weekly internship seminar with LCSW.