

Bay State Community Services, Inc.

Bay State Community Services (BSCS) strives to be a leader in providing services that promote the emotional and social well-being of the people and communities we serve. Our programs are designed to recognize the primary importance of individual dignity, family involvement, and community support. To this end, the agency's mission is to foster individual, family, and community empowerment through an integrated, culturally competent continuum of social, behavioral health, substance use recovery, prevention, and justice services.

BSCS was formed in 1991 through a merger of five community-based agencies that had a 100-year collective history of providing innovative, responsive, and accessible programming to the people of the Greater Boston and southeastern areas of Massachusetts. We believe in partnering in a strength-based culture of recovery that affirms the importance of dignity, belonging, relationships, and collective action for the collective good.

Most programs offer assistance based on need, regardless of ability to pay. Special attention has been given to reach out to vulnerable and high-risk populations.

BSCS is funded by the Department of Children and Families, the Department of Mental Health, the Department of Public Health, the Office of Community Corrections, and the County Sheriffs' Offices. Additional support is provided by MassHealth, Medicaid, Medicare, private insurances and private donations.

BSCS' Main Office is located in Quincy, MA. We offer numerous programs in multiple locations. For a complete listing of our programs, please refer to our website: www.baystatecs.org.



Rev. 3/22/2021

CREW
(Create, Respect, Empower, Wellness)

A program of Bay State Community Services



**Bay State
Community
Services**

Beside you...every step of the way

1120 Hancock Street
Quincy, MA 02169
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FAX 617-376-0619

www.baystatecs.org

TTY/TDD users dial 711 for
MassRelay Service (24/7)

Create, Respect, Empower, Wellness **(CREW)**

CREW is a structured year-round therapeutic after school program designed to meet the emotional and behavioral health needs of children and adolescents ages 6 through 18. The length of stay in the program is based on the individual needs of the youth.

CREW provides a safe and nurturing environment to assist participants in managing their behavioral health symptoms, meeting psychiatric needs and increasing stability in the community. Participants utilize CREW to improve and develop coping skills, social skills, life skills and healthy relational interactions.

CREW utilizes multiple treatment approaches, including milieu, group therapy, Dialectical Behavior Treatment (DBT) skills and Cognitive Behavioral Therapy (CBT) skills. The program is strength-based, goal-oriented and designed to be flexible to adapt to the individual needs of its participants. CREW is funded and monitored by the Department of Mental Health (DMH).

Program Components

- Group and Milieu Therapy
- Social Skills and Life Skills Training
- Coping Skills Building
- Promotion of Positive Peer Relationships
- Strength-based Strategies and Techniques to provide opportunities for individual success
- Team Approach to Treatment Planning
- Promotion of healthy lifestyle through exercise and nutrition
- Family Support & Program Family Activities
- Social and Recreational Community Outings
- Advocacy

Program Staff

The staff consists of a Program Director with a clinical background, a Master's Level Clinician, and Bachelor's level counselors. All staff receive ongoing trainings and are CPR/First Aid certified.

Referrals

Referrals are made through the Department of Mental Health (DMH) and the Community Service Agency (CSA). Participants must demonstrate the ability to function safely in the community. Participants are expected to attend group activities and work toward personal goals.

Schedule

School Year Schedule

During the school year, the program operates Monday through Friday 2:00 to 5:00: Latency aged youth (6-13) attend CREW on Mondays, Wednesdays, and Fridays and adolescent aged youth (12-18) attend CREW on Tuesdays and Thursdays.

Summer Schedule

During the summer, CREW is open 11:00 a.m. to 3:00 p.m. Latency aged youth (6-13) attend Mondays & Wednesdays while adolescent aged youth (12-18) attend Tuesdays & Thursdays.

Transportation

CREW is able to offer transportation on an individual basis. Please contact the Program Director for more information regarding transportation.

**For more information about CREW,
please contact:**

**Program Director
617-471-8400 x161**