

## **Bay State Community Services, Inc.**

**Bay State Community Services (BSCS)** strives to be a leader in providing services that promote the emotional and social well-being of the people and communities we serve. Our programs are designed to recognize the primary importance of individual dignity, family involvement, and community support. To this end, the agency's mission is to foster individual, family, and community empowerment through a culturally competent continuum of social, educational, behavioral health, substance use recovery, and correctional services.

BSCS was formed in 1991 through a merger of five community-based agencies that had a 100-year collective history of providing innovative, responsive, and accessible programming to the people of the Greater Boston and southeastern areas of Massachusetts. We believe in partnering in a strength-based culture of recovery that affirms the importance of dignity, belonging, relationships, and collective action for the collective good. Most programs offer assistance

based on need, regardless of ability to pay. Special attention has been given to reach out to vulnerable and high-risk populations.

BSCS is funded by the Department of Children and Families, the Department of Mental Health, the Department of Public Health, the Office of Community Corrections, and the County Sheriffs' Offices. Additional support is provided by MassHealth, Medicaid, Medicare, private insurances and private donations.

BSCS' Main Office is located in Quincy, MA. We offer numerous programs in multiple locations. For a complete listing of our programs, please refer to our website: [www.baystatecs.org](http://www.baystatecs.org).



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## **Home Based Services - Coastal**

A program of Bay State Community Services



**Bay State  
Community  
Services**

**Beside you...every step of the way**

400 Washington Street  
Suite 106  
Braintree, MA 02184  
TEL 781-817-6675  
FAX 781-817-6745

[www.baystatecs.org](http://www.baystatecs.org)

TTY/TDD users dial 711 for  
MassRelay Service (24/7)

## **In-Home Therapy Services**

In-Home Therapy Services (IHT) are delivered by one or more members of a team consisting of professional and paraprofessional staff, offering a combination of medically necessary In-Home Therapy and Therapeutic Training and Support.

IHT is a structured, consistent, strength-based therapeutic relationship between a Master's level clinician and the youth (under the age of 21) and family for the purpose of treating the youth's behavioral health needs, including improving the family's ability to provide effective support for the youth to promote his/her healthy functioning within the family.

Interventions are designed to enhance and improve the family's capacity to improve the youth's functioning in the home and community and may prevent the need for the youth's admission to an inpatient hospital, psychiatric residential treatment facility, or other treatment setting.

Therapeutic Training and Support is a service provided by a qualified paraprofessional working under the supervision of a clinician to support implementation of the clinician's treatment plan to assist the youth and family in achieving the goals of that plan. This

service includes teaching the youth to understand, direct, interpret, manage, and control feelings and emotional responses to situations and to assist the family to address the youth's emotional and mental health needs.

## **Therapeutic Mentoring Services**

Therapeutic Mentoring Services (TM) are provided to youth (under the age of 21) in any setting where the youth resides, such as the home (including foster homes and therapeutic foster homes), and in other community settings such as school, child care centers, or respite settings.

TM offers structured, one-to-one, strength-based support services between a therapeutic mentor and a youth for the purpose of addressing daily living, social, and communication needs.

TM services include supporting, coaching, and training the youth in age-appropriate behaviors, interpersonal communication, problem solving and conflict resolution, and relating appropriately to other children and adolescents, as well as adults, in recreational and social activities. TM promotes a youth's success in navigating various social contexts, learning new skills, and making functional progress in the community.

## **Home Based IHT & TM Service Area**

We are generally able to accommodate all of the following cities and towns. In the event we do not have staff available to meet your needs, we may refer you to another agency for assistance.

- Abington
- Avon
- Braintree
- Bridgewater
- Brockton
- Canton
- Cohasset
- E. Bridgewater
- Easton
- Hanson
- Hingham
- Holbrook
- Hull
- Milton
- Norwell
- Quincy
- Randolph
- Rockland
- Scituate
- Stoughton
- W. Bridgewater
- Weymouth
- Whitman

**To make a referral for Home Based Services, please contact:**

**Coastal Referral Line  
508-830-3444 x321**